Rules and Regulations

1. The following are true except:

- PTs and PTAs are required to obtain (30) continuing competency units (CCU’s) every two years for license renewal
- The reporting cycle begins on October 2 and ends on Oct 1 of the second year
- Up to 9 CCU’s may be carried over to the next reporting period
- Of the required 30 CCU’s at least 15 must be from Category A

2. Failure to comply with which of the following ethical rules maybe grounds for disciplinary action:

- A license or certificate holder shall not aid, abet, authorize, condone, or allow the practice of physical therapy by any person not legally authorized to provides services
- Providing treatment interventions that aren’t warranted by the patient’s condition or continuing treatment beyond the point of reasonable benefit to the patient
- Delegating physical therapy functions or responsibilities to an individual lacking the ability or knowledge to perform the function or responsibility in question
- All of the above

3. An applicant will not be licensed or certified if they have taken the NPTE more than

- 3 times
- 4 times
- 6 times
- There is no limit, but the applicant must pay another examination fee each time

4. Which of the following is excluded from Category B activities.

- Being a clinical instructor for a PTA
- Teaching or lecturing for Doctors on the use of dry needling
- Holding an informational forum on dry needling for the general public
- Serving as secretary of the Wyoming chapter of the APTA

5. According to the scope of practice, a physical therapist assistant is allowed to

- Modify the plan of care.
- Discharge a patient
- Perform a reassessment
- Perform a delegated PT intervention
6. Temporary practice permits may be issued to

☐ Recent graduates of an accredited program
☐ Traveling therapists that will be practicing in the state less than 90 days
☐ A military spouse with a current license or certificate in good standing from another jurisdiction.
☐ All of the above

7. In order for a new PT graduate to perform grade V manipulation, he or she must

☐ Enjoy manipulating spines and prove good outcomes
☐ Prove that they took an online class
☐ Graduate from a CAPTE accredited program that included learning such techniques
☐ Learned the technique from a fellow co-worker at a noon meeting

8. The following actions are grounds of suspension or revoking a PT/PTA’s license

☐ Deviating from generally accepted and prevailing practices for any given patient care
☐ Exploits the trust of the patient by performing a technique on the patient for which there is no clinically valid reason.
☐ Failing to obtain, document and maintain informed consent for any procedures which may be deemed ‘sexual’ by a reasonable person
☐ All of the above

9. A licensed physical therapist is allowed to do needling if her or she

☐ Took an online training program in dry needling
☐ Took a face to face course including a minimum of 10 hours
☐ Took a face to face course including a minimum of 27 hours
☐ None of the above

10. Which of the following treatment related tasks must a PT/PTA not allow an aide to do

☐ perform manual stretching with the goal of increasing ROM
☐ non treatment tasks
☐ instruct a patient in the application of any treatment
☐ wound debridement
11. In order to promote consistent communication, what is the preferred order of credentials and letter designations for physical therapy? John Doe with an entry level Doctorate of Physical Therapy (DPT), holds a certification as a geriatric clinical specialist (GCS) and a Master’s in Public Health (MPH).

- John Joe, DPT, MPH, GCS
- John Doe, DPT, GCS, MPH
- John Doe, PT, DPT, GCS, MPH
- John Doe, PT, DPT, MPH, GCS

12. When components of a patient’s treatment are delegated to a PTA, a PT must provide an on-site observation of the treatment and documentation of its appropriateness at least

- Every six (6) treatment sessions or three (3) weeks
- Every five (5) treatment sessions of two (2) weeks
- Every seven (8) treatment sessions of four (4) weeks
- None of the above

13. When an application for license/certificate renewal is not received by the due date, the license is expired. Continuing to practice after this date may result in disciplinary actions.

- True
- False

14. Required supervision of the Physical Therapist Assistant varies between treatment settings:

- True
- False

15. When components of a patient’s treatment are delegated to a Physical Therapist Assistant in home health, long-term care, or school settings the Physical Therapist must visit the patient:

- Every six (6) treatment sessions or three (3) weeks
- At least once a month
- At least once every thirty (30) calendar days
1. The practice of physical therapy includes all of the following except:
   - Application of physical agents or modalities
   - Establishing a physical therapy diagnosis
   - Injecting medications into affected body parts
   - Manual therapy including mobilization and grades I-IV manipulation of joints and soft tissue

2. “Physical therapy diagnosis” means a systematic examination process that culminates in assigning a diagnostic label identifying the primary dysfunction towards which physical therapy treatment will be directed, but does not include a medical diagnosis or a diagnosis of disease:
   - True
   - False

3. The Wyoming State Board of Physical Therapy consists of:
   - A doctor, 3 physical therapists and a public member
   - Five physical therapists
   - Four physical therapists and a public member
   - Three physical therapists and a public member

4. A physical therapist with a Masters degree or a physical therapist with a Bachelors degree and 5 years experience can initiate physical therapy treatment for a new or recurring injury without a prescription from a licensed physician:
   - True
   - False

5. A “licensed physician” includes:
   - Advanced practitioner of nursing, chiropractor, dentist, massage therapist, physician assistant
   - Advanced practitioner of nursing, chiropractor, dentist, doctor of osteopathy, podiatrist, physician assistant
   - Advanced practitioner of nursing, chiropractor, dentist, doctor of osteopathy, podiatrist, veterinarian
   - Acupuncturist, dentist, doctor of osteopathy, physician assistant, podiatrist

6. Except in an emergency, a physical therapist is prohibited from initiating physical therapy treatment for children under the age of twelve (12) years without a prescription, unless the child is to receive physical therapy treatment under an individualized educational program (IEP) or an individualized family services plan (IFSP):
   - True
   - False
7. A patient or client may be seen by a physical therapist without a referral for:
   - Five (5) visits or fifteen (15) days, whichever occurs earlier
   - Initial evaluation only
   - Thirty (30) visits or thirty (30) days, whichever occurs earlier
   - Twelve (12) visits or thirty (30) days, whichever occurs earlier

8. By statute, the Wyoming State Board of Physical Therapy meets at least:
   - Four (4) times per year
   - Monthly
   - One (1) time per year
   - Two (2) times per year

9. All permanent licenses and certificates shall expire on:
   - April 15
   - January 1
   - July 1
   - October 1

10. The Board may revoke, suspend, restrict, condition, reprimand, refuse to issue or refuse to renew the license or certification of any individual who:
    - Has failed to maintain adequate patient records that include identification of the patient, evaluation of objective findings, a diagnosis, a plan of care, a treatment record and a discharge plan
    - Has negligently failed to refer a patient whose condition is beyond the training or ability of the physical therapist to another professional qualified to diagnose or care for the condition
    - Unlawfully uses or possesses controlled substances, or excessively indulges in the use of alcoholic beverages
    - All of the above

11. Failure to maintain patient confidentiality, including confidentiality of records relating to consultation by telecommunication, without documented patient authorization can be grounds for disciplinary action by the Board:
    - True
    - False