



**American Physical Therapy Association  
Wyoming Chapter**

Taryn Kilty- Editor

2016 Newsletter

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### Are you a WYPTA Fan?

WYPTA Board would like to keep in touch with our members and potential members. Please “Friend” the WYPTA Chapter’s Facebook page so that you can follow some important chapter updates, member activities, as well as see what Continuing Education is being offered in WY by other clinics and the WYPTA. Please contact a board member with your post to share with the community. (We will not be posting job openings as this is done through our website.)

WYPTA Facebook fan page, easily navigated from [www.facebook.com/WyomingPTA](http://www.facebook.com/WyomingPTA)



“Removing the phone is easy. Getting your head and arms to their original positions will take weeks of physical therapy.”

## Calendar of Events

January 19 Lobby Day on the Hill

February 17-20 CSM Anaheim, CA

April 3-5 Federal Advocacy Forum

April 22-24 Membership Chair Conference

June 8 Deadline for Annual WYPTA Newsletter

June 8 WYPTA Spring Phone Meeting

June 8-11 APTA NEXT Annual Conference

**September 17-18 State Policy and Payment Forum**

**September 24-25 Annual WYPTA Fall Conference in Cody, WY**

**September 24 WYPTA Annual Meeting**

**October 1- License Renewal Deadline**

**November- WYPTA Fall Meeting TBA**

## WYPTA Current Executive Board

President- Jeff Rogge PT, DPT

Vice President- Lori Grubbs, PT, DPT, OCS, COMPT

Treasurer- Jason Kamm, PT

Secretary- Taryn Kilty PT, DPT

Executive Secretary – Kathy Day

Chief Delegate- Mike Jacketta, PT, DPT, OCS

Board Liaison- Nicole Stout PT, DPT, CLT-LANA

## Committee Members

<b>Reimbursement Committee</b>	Kathy Blair, Committee Chair
<b>Membership Committee</b>	Taryn Kilty, Committee Chair and Kathy Day
<b>Nominating Committee</b>	Lynda Brown, Committee Chair
<b>Finance Committee</b>	Jason Kamm, Committee Chair
<b>Ethics Committee</b>	Lynda Brown, Committee Chair
<b>State Government Affairs</b>	Kathy Blair, Committee Chair & Norene Christensen
<b>Federal Government Affairs</b>	Lori Grubbs, Liaison
<b>Program/Education</b>	Jeff Rogge, Committee Chair
<b>Chief Delegate</b>	Mike Jacketta
<b>Delegate</b>	Jeff Myers
<b>PTA Caucus</b>	Available

## PRESIDENTS MESSAGE

I would like to start by thanking all of our board members, colleagues, and members who have helped me during my transition from Vice President to President. I would especially like to thank Norene for her mentorship and responding to my emails and texts at all hours of the day. I have learned so much, and have often been overwhelmed, about the APTA on the State and National level, House of Delegates, Practice Act, Rules and Regulations, Bylaws, and multiple other issues at the national level. Vice President, Lori Grubbs and I were able to participate in PT on Capitol Hill day. Here we met with our Representatives and Senators to help promote our profession and legislative changes that would benefit our profession.

I have had the opportunity to attend several meetings with some of the most recognizable names in our profession who have been doing lots of work behind the scenes on issues that greatly impact our profession. These issues include Dry Needling lawsuits, changes with Medicare/Medicaid, reimbursement, student loans, direct access, tracking outcome measures, and overall furthering our profession as primary care providers.

When I first became involved in the APTA, I had a difficult time justifying to others the importance of becoming a member of the APTA other than “it is the right thing to do.” Since my involvement and being president, I now know more than ever how very hard these people work, often volunteering, at protecting our profession and us. Now, as my coworkers will probably profess, I can go on for hours about what a great organization this is and how badly our profession truly needs it and relies on it. At the very least, after every time I attend association functions, I come back to work with a smile on my face and a renewed sense of how truly great our profession is.

Going forward, our chapter goal is to continue to improve on the amazing work the people before us have done and try to improve education opportunities to more rural areas, possibly utilizing webinars. We are planning to stay proactive in protecting the integrity of our profession and keep up with the direction the national leadership has chosen for us.



Jeff Rogge PT, DPT

*President*

# ANNUAL FALL CONFERENCE

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**\*Mark your Calendars- September 24-25, 2016**

REGISTER TODAY!!!

## **Lumbar Spine: Manual Therapy Management**

**Instructor- Dr. Jeff Moore PT, DPT, OCS, MTC, CertSMT, FAAOMPT**

- **Dr. Jeff Moore launched the Institute of Clinical Excellence (ICE) and teaches with Evidence in Motion.**
- **He is well known for being an enthusiastic instructor as well as energizing and getting those around him excited about their practice.**
- **Watch Jeff on periscope, #PTonICE**

**Venue- Holiday Inn, Cody, WY**

- **We wanted to “mix it up a bit” and bring the conference to beautiful Cody, WY.**
- **Discounted Room Rates available at [www.blairhotels.com](http://www.blairhotels.com), booking code: WY APTA.**

## **Not JUST another lumbar class**

- **Current evidenced based and comprehensive physical therapy management of low back pain**
- **Thrust and non-thrust manipulation to the lumbar spine, sacroiliac joint, thoracolumbar spine, and lower ribs**
- **Introduction to the McKenzie approach, current pain science application, and progressive exercise concepts**
- **Mobility and motor control exercises to compliment the manual therapy techniques**
- **Discussion of current literature regarding the subgrouping of lumbar spine patients, differential diagnosis of lumbar conditions, psychologically informed practice, and lumbar spine examination based on clinical practice guidelines.**

**\*See attached brochure for additional information**

## NOMINATING COMMITTEE REPORT

The Nominating Committee is accepting nominations for the following positions to be elected at the Fall Business Meeting, September 24, 2016: Secretary, Treasurer, Delegate, and Chief Delegate.

Candidates must be WYPTA members in good standing for two years preceding election. Please contact Lynda Brown at 307-587-9866 or [advrehabcody@gmail.com](mailto:advrehabcody@gmail.com).

## STATE GOVERNMENT AFFAIRS

### Interstate Licensure Compact for Physical Therapy

#### The Problem

The United States is an increasingly mobile society. The impact of this increasing mobility is keenly felt by individuals of professions licensed by the states, particularly those who must travel to multiple states to practice, sometimes at a moment's notice. Currently such individuals often must obtain multiple state licenses to practice. In addition, the increased use of telehealth as medium for the delivery of health care services has presented a conundrum for services delivered across state lines. The combination of increased mobility, changes to the health care system,

changes to education (eg, internships and fellowships), and the rise of telehealth has highlighted the need for clinicians to have the ability to practice across jurisdictional boundaries with minimal barriers. As such, various licensed professions such as medicine, nursing, and EMS officials have increased efforts to improve licensure portability. One potential solution that would address both portability issues and allow for the use of telehealth across state lines is the concept of an interstate licensure compact.

#### What is an Interstate Compact?

According to the National Center for Interstate Compacts, interstate compacts are contracts between 2 or more states creating an agreement on a variety of issues, such as specific policy challenges, regulatory matters and boundary settlements. States have used interstate compacts to address a variety of issues—the most common and recognized interstate compact is your driver's license. For example, an individual issued a driver's license by the state of North Carolina is allowed to drive in other US jurisdictions provided that they follow the

traffic safety laws of the jurisdiction in which they are driving. Interstate compacts make multistate licensure possible, while maintaining traditional state authority.

Creation of an interstate compact requires enactment of authorizing legislation from jurisdictions that wish to participate in an interstate compact. Such legislative language must be exactly the same in each state that adopts it; the compact is a legal agreement among the participating states and therefore must be uniform. The legislation is enacted by a state essentially

makes the state a signatory to the interstate licensure compact agreement. However, it is important to note that only licensees whose primary place of residency is in a state participating in the interstate compact may use the benefits of the compact, and within only those states that are also participants in the interstate compact. For example, if California and Nevada are both participants in a hypothetical interstate compact for physical therapy, a licensee whose primary

residence is in California could provide services via telehealth across state lines to a patient in Nevada. However, if the patient is in Texas, and Texas is not a participant of the interstate compact, then the California licensee would not be allowed to provide services to that patient. Learn more about what an interstate compact is and how it works via a free webinar courtesy of the Council of State Governments.

### Development of an Interstate Compact for Physical Therapy

The issue of licensure compacts and portability in physical therapy was brought to the attention of the members of the Federation of State Boards of Physical Therapy (FSBPT) at their 2010 annual meeting with Delegate Assembly motion {DEL-10-05} directing the Federation Board of Directors "to explore the feasibility of establishing a multistate compact for physical therapy licensure..." Although not a formal motion, in 2011 the Delegate Assembly requested that FSBPT continue to research this topic and any results be communicated to the Assembly. The FSBPT Ethics and Legislative Committee then began exploring the topic of licensure portability, options for improved professional mobility within physical therapy, and potential licensure models. Meanwhile at the 2014 APTA House of Delegates Meeting, APTA adopted a position (.pdf) (See Principle VII) supporting licensure portability models including an interstate compact for physical therapy.

In 2014 FSBPT created a task force on exploring the feasibility of an interstate licensure compact for physical therapy. The

task force consisted of stakeholders from across the country and included APTA staff and a representative from the APTA Board of Directors. The task force met twice in 2014 and was able to use the experience of other professions who either had developed or were in the process of developing a compact: The National Council of State Boards of Nursing (NCSBN), the Federation of State Medical Boards (FSMB), and the National Association of State EMS Officials (NASEMSO). The task force recommended that FSBPT move forward with the development of a compact. As a result, FSBPT, in coordination with the Council of State Governments' National Center for Interstate Compacts (CSG), appointed a "drafting team" composed of stakeholders, including APTA that will begin the process of formulating the language for an interstate compact agreement. The compact language was finalized in the fall of 2015 and is now ready for use by APTA state chapters. It is this language – the Physical Therapy Licensure Compact, that states must uniformly enact via state legislation, without any changes or amendments, to become a member of the Physical Therapy Licensure Compact.

Kathy Blair, PT, DPT, OCS  
*State Government Affairs*

## FEDERAL GOVERNMENT AFFAIRS

During the APTA annual Federal Advocacy Forum held April 3-5 on Capitol Hill, Senators Barrasso and Enzi and their legislative assistants, as well as a legislative assistant from Representative Lummis were met with to discuss issues facing physical therapy and patient access. Highlighted issues included:



- The Medicare Access to Rehabilitation Services Act (H.R. 775/S.539) that supports legislation to repeal the cap on outpatient rehabilitation services. Overall, all legislators agree that this change needs to occur, though none are co-sponsors of this legislation to date.
- Physical Therapist Workforce and Patient Access Act (H.R. 2342/S.1426) which would authorize physical therapist to participate in the National Health Service Corp (NHSC) Loan Repayment Program. Again, none of our legislators are co-sponsor to this legislation at this time.
- The Prevent Interruptions in Physical Therapy Act (H.R. 556/S.313) that would allow physical therapists to enter locum tenens arrangements under Medicare. Senators Enzi and Barrasso are supportive of this legislation.
- Other issues were addressed with Senator Enzi specifically as he on the Senate HELP Committee and Senate Finance Committee.
  - He has helped advance legislation to include PTs in Rehabilitation Research through NIH (H.R. 1631/S.800)
  - We also discussed the inclusion of PTs in legislation allowing for sports medicine professionals to travel across state lines and treat athletes and still have malpractice insurance and license coverage (H.r.921/S. 689).
  - Discussed legislation that would include PTs in telehealth arrangements (H.R. 4442/S.2484 & H.R. 2948).

This update is a brief overview of the important issues being addressed by APTA on our behalf. This type of work is happening behind the scenes at all times. The APTA staff are great, but our legislators want to hear from their constituents about issues that are important and why. Contacting legislators by phone, office visits, or letters is very beneficial in keeping the legislators abreast of physical therapy concerns. Download the APTA action app for instant information and updates regarding issues. Your voice helps!

Likewise, key contacts are members of the chapter that help with staying in contact with legislators outside of the annual forum. If anyone is interested in helping and staying up to date on legislative issues affecting our profession, contact Lori Swanton, PT. It does not take a huge time commitment and it would be helpful to have others involved.

Lori Grubbs, PT, DPT, OCS, COMPT  
*Federal Government Affairs*

# CHIEF DELEGATE REPORT

## House of Delegates 2016

The 2016 APTA House of Delegates session was very efficient this year and we were able to reach resolution on all motions in just two days. The third day comprised a philosophical discussion regarding the role of the APTA as it pertains to anti-discrimination. The House of Delegates consisted of over four hundred voting physical therapists representing every state. The non-voting student assembly and component sections were also present.

Wyoming co-sponsored a motion that passed, and will require the APTA board to develop a plan for achieving practice authority for physical therapists to order imaging studies. Currently, physical therapists in Wisconsin are able to provide these services.

The APTA Board was charged with the task of investigating and creating a plan to address the problem of student loan debt for physical therapy students and new graduates. Hopefully, new graduates understand how our organization is working for them and will encourage membership in the APTA.

Several motions were passed in an effort to promote consumer protection through licensure of physical therapists and physical therapy assistants. Physical therapists and physical therapist assistants would only use their regulatory designation (PT, PTA), followed by their highest earned PT degree (DPT, MPT). Possible use of other professional academic designations, (JD). Elimination of credentials external to the APTA. Lastly, listing non-abbreviated certifications granted through the American Board of Physical Therapy specialties.

### Example:

John Adams, PT, DPT

### Board Certified Orthopedic Clinical Specialist

Minor changes were made to the role of both the association and the individual physical therapists with regarding the advocacy for the prevention, wellness, fitness, health promotion and management of disease and disability. Changes were made to allow more flexibility in community design and construction as related to transportation.

Several motions passed regarding general APTA organizational scheduling guidelines, defining of a post professional student that is involved in research and development of a virtual physical therapy museum. The cost of the virtual museum will be minimal and we will be able to preserve all manuscripts, photos and tell the story of our profession.

The remaining two motions that were withdrawn and were referred back to the APTA board of directors and the makers of the motion for further development. These motions were in regards to the definition of a residency and fellowship trained physical therapist and the scope of practice for physical therapists.

A new area of specialty certification was established in the area of Oncology. The American Board of Physical Specialties will begin work to established criteria for certification. Expansion of specialty certifications into new and expanding areas of practice is a great way to show the medical community and patients our association's commitment to high standards of training and education of physical therapists. Also by encouraging peer reviewed medical journals to list specific physical therapy treatments as opposed to physical therapy as a single modality we will be raising the bar as a profession.

A campaign that endorses the national effort addressing the opioid health crisis was released during the HOD session. #ChoosePT highlights the benefits of physical therapy for safe pain management.

Please feel free to contact me regarding any questions regarding the 2016 House of Delegate sessions or if you have any issues for the 2017 session. Thank you for the opportunity to represent the state of Wyoming.

Michael Jacketta, PT, DPT  
Board Certified Orthopedic Clinical Specialist  
*Chief Delegate Wyoming*

## CURRENT REIMBURSEMENT NEWS

WinHealth has left the marketplace. With this loss, United Healthcare is stepping in and working on gaining contracts. Currently they are focused in Cheyenne and Laramie for growth. They are offering a \$95 payment rate per visit. Please look over this contract carefully and consider having a contract

attorney review to make sure you fully understand all of the programs you may be getting into.

Kathy Blair, PT, DPT, OCS  
*State Government Affairs*

## 2015 TREASURER'S REPORT

In 2015 the WY APTA had a total income of \$34,002.69 and total expenses of \$34,737.26. The overall total for the 2015 year was -\$734.57. Please refer to the table below for a detailed breakdown of all inflows and outflows for 2015. The WY APTA voluntarily elected to have a compilation service conducted by McGee, Hearne, & Paiz, LLP, Certified Public Accountants and Consultants for the previous year's financial information. A compilation service requires the accountant to read all financial statements and look for obvious clerical or accounting-principle errors, but no other procedures need to be performed. The current balance for the basic business checking account for WY APTA as of March 31, 2016 is \$67,274.42.

**WYAPTA Cash Flow Report for 1/1/2015  
through 12/31/2015**

*INFLOWS*

Advertising	963.00
APTA-Dues	17,137.00
Fall Conference Deposit	15,902.69
<b>TOTAL INFLOWS</b>	<b>34,002.69</b>

*OUTFLOWS*

2015 APTA NEXT Conference	2,102.28
APTA Conference	1,609.00
Board Meeting	371.44
Combined Sections Meeting	2,159.68
Doris Chaffin Award	59.48

Executive Secretary Wages	2,450.00
Fall Conference	16,778.22
Fax	556.40
House of Delegates	2,706.53
Lobbying	1,000.00
Mailing and Shipping	3,500.01
PT Day on Capitol Hill	465.32
State Government Affairs	452.68
Telephone Conference	206.22
Website	320.00
<b>TOTAL OUTFLOWS</b>	<b>34,737.26</b>
<b>OVERALL TOTAL</b>	<b>-734.57</b>

## MEMBERSHIP COMMITTEE REPORT

Currently in the state of Wyoming there are 874 Physical Therapists and Physical Therapy Assistants registered with the State Board. Out of this 874, 195 Physical Therapists and 27 Physical Therapy Assistants are members of the APTA. As the membership committee chair, I ask myself, what would excite someone to become a member of the APTA?

### **APTA advocates for you in Washington, DC, and state capitals nationwide.**

APTA's advocacy efforts help you stay on top of the issues important to you and your patients. Resource centers for major legislative issues like health care reform and the Medicare therapy cap allow you to stay informed, while the Legislative Action Center streamlines the process of contacting representatives on Capitol Hill, so that you can advocate for your profession.

### **APTA speaks out for proper payment for high-quality patient care.**

Ensuring that you receive proper payment for physical therapy services is a key component of APTA's Strategic Plan. APTA helps you navigate the reimbursement maze and get paid appropriately for your services. Stay on top of changing form and code requirements, claim denials, and critical payment topics with the free Medicare Fee Calculator, and more.

### **APTA promotes the benefits of physical therapy.**

APTA gives you the public relations and marketing tools you need to share the benefits of physical therapy with consumers and other health care professionals. MoveForwardPT.com includes interactive tools and information for consumers and health care professionals, plus consumer-oriented handouts. Brand Beat empowers you to strengthen the physical therapy brand, including guidelines and training to help you live the "Move Forward" brand.

### **APTA connects you with colleagues for networking and collaboration.**

From the live events to social networking, tap into the collective knowledge and expertise among our 90,000+ physical therapist, physical therapist assistant, and student members... making a difference for careers, patients, and the future. Discover more opportunities to connect through your local chapter and special-interest sections.

### **APTA saves you money.**

Exclusive 40% discounts on national conference registrations, publications, and continuing education opportunities. When you add in discounts on continuing education offerings at the chapter and section levels and the great value on insurance and financial APTA-endorsed member benefits, you'll be amazed at how much you can save. The APTA Learning Center also provides a collection of free courses exclusively for members. Plus, APTA educational programs and our active community members always strive to share valuable tips and strategies to help your business thrive.

### **APTA provides information at your fingertips.**

APTA's Web site gives you a constant connection to the professional resources you need as you practice. Your membership gives you online access to *PT in Motion* magazine, *PT in Motion News* news feed, the online *Guide to Physical Therapist Practice*, and more.

### **APTA promotes evidence-based practice.**

Your membership gives you quick and easy access to clinical research that supports evidence-based physical therapy practice across practice settings and specialty areas. Article Search (Formerly Open Door) provides full-text access to research and articles from more than 4,500 clinical and academic publications. You can explore PTNow for clinical summaries and valuable tests and measures. *PT Journal*(PTJ): State-of-the-art research, case reports, technical reports, literature reviews, and perspectives on clinical and professional issues.

### **APTA strengthens your expertise with clinical and practice resources.**

APTA connects you to a wealth of clinical and practice-related resources to help you provide the high-quality care to your patients, meet your professional goals, and thrive in your practice. APTA members enjoy best-practice documentation resources and guidelines on supervision of personnel, health information technology, and more. Specially priced APTA-endorsed insurance and financial benefits will protect your from risk and help you save money.

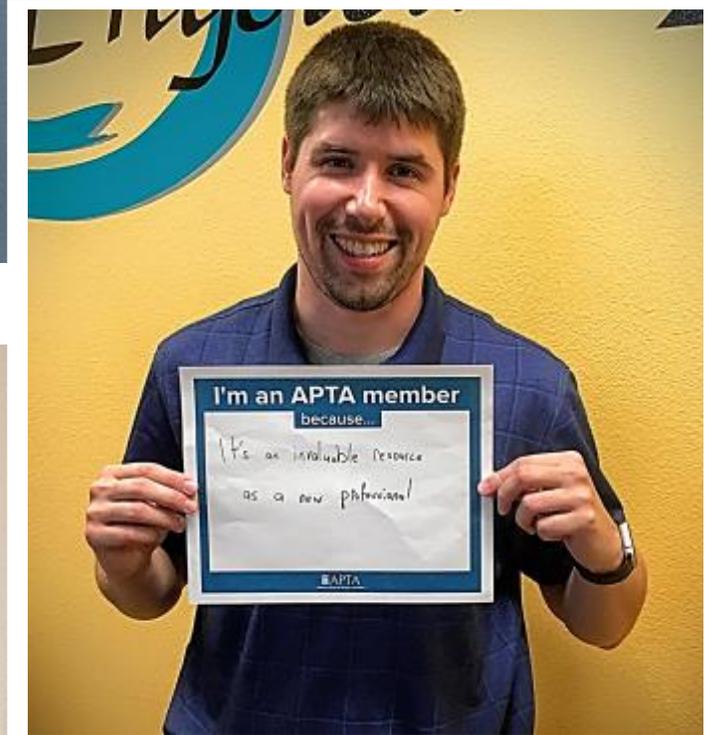
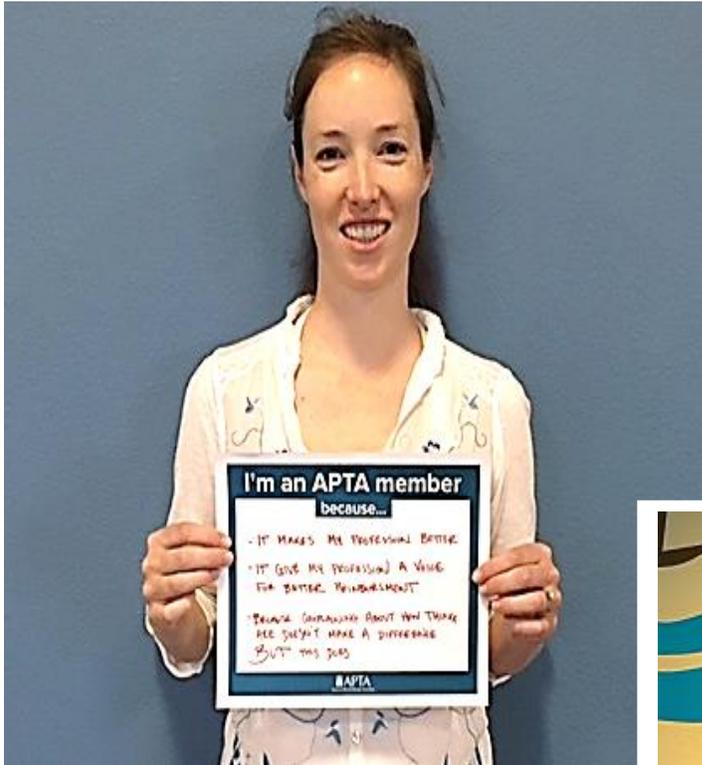
Plus free advertising via Find a PT, APTA's consumer search engine, to connect you with potential patients.

**APTA helps you advance to the next level.**

APTA encourages its members to continue their career development. PTs ready to advance their clinical practice can fast track their education and career by completing credentialed post professional clinical residency or fellowship programs, or beginning the path to ABPTS board certification in any of 8 clinical specialization areas. PTs can also earn recognition as an APTA Credentialed Clinical Instructor. Job seekers can search for Red Hot Jobs in physical therapy, but only APTA members can post resumes online and sign up for job alerts. Plus, APTA member employers posting single job listings save 40%.

# I'm an APTA member because...





# A BIG THANK YOU TO OUR FORMER PRESIDENT NORENE!!!



## We Would Love To Hear From You!

**Any suggestions for future continuing education courses for the annual conference would be greatly appreciated. Please feel free to contact any member of the board or committees for questions, concerns, or to just connect with us! (Email addresses can be found on WYPTA website)**

