

Annual WYPTA Fall Conference



Lumbar Spine: Manual Therapy Management

Dr. Jeff Moore PT, DPT, OCS, MTC, Cert-SMT, FAAOMPT

September 24-25, 2016
Holiday Inn, Cody, WY

Please fax or mail registration to:

Kathy Day

1541 Centennial Ct.

Casper, WY 82609

Fax: 307-266-2861

Kathyday123@msn.com

Courses held at:

Holiday Inn Cody at Buffalo Bill Village

1701 Sheridan Ave.

Cody, WY 82414

Name _____

Address _____

Phone _____

Email _____

PT__ PTA__ Student ____ Other _____

____ Check payable to WYPTA

____ VISA ____ Master card

Card # _____

Security Code _____ Exp. Date _____

T-shirt size _____

Course Fee:

APTA member: \$475.00

Non-member: \$525.00

Discounted Room Rates available at

www.blairhotels.com

Booking code: WY APTA

Lumbar Spine: Manual Therapy Management

Hands on refinement of skills related to manual therapy of the lumbar spine, thoracic spine, hip, SIJ joints as well as pain science and clinical reasoning.

Saturday 8AM-5PM with lunch provided during annual chapter meeting on Saturday. Sunday 8AM-5PM.

Holiday Inn. Cody, WY



Dr. Jeff Moore PT,DPT,OCS,MTC,Cert- SMT,FAAOMPT

Dr. Jeff Moore received his doctorate of physical therapy degree with high honors from the University of St. Augustine for Health Sciences. After graduation, Jeff obtained the manual therapy certification(MTC) from St. Augustine and the certification in spinal manipulation (Cert-SMT) from Dr. James Dunning and the American Academy of Manipulative Therapy. Most recently Jeff completed his Fellowship training in orthopedic manual therapy through Evidence In Motion. Clinically, Dr. Moore has spent the past six years working exclusively in outpatient orthopedics. From 2008 to 2011 he practiced in Bozeman, MT at Excel Physical Therapy and since 2011 has been working in outpatient physical therapy in Iron Mountain, Michigan. Jeff launched the Institute of Clinical Excellence in 2012 and now teaches at conferences around the country with both the Institute and Evidence In Motion.

Course Description

This course will cover current best evidence in the physical therapy management of low back pain. Laboratory sessions will focus on the safe and effective delivery of thrust and non-thrust manipulation to the lumbar spine, sacroiliac joint, thoracolumbar spine, and lower ribs. Additional labs will cover an introduction to the McKenzie approach, pain science application, and progressive exercise concepts. Mobility and motor control exercises will be included to complement the manual therapy techniques. Lecture material will summarize the developing body of literature regarding the subgrouping of lumbar spine patients, differential diagnosis of lumbar conditions, psychologically informed practice, and lumbar spine examination based on clinical practice guidelines.

Course Objectives:

1. Understand the risk factors associated with spinal manipulation and be able to screen patients properly using a thorough history and targeted physical examination
2. Perform a thorough objective examination using clinical practice guidelines and current best evidence to determine necessary data
3. Demonstrate an excellent understanding of current best evidence in regards to manual therapy, thrust and non-thrust joint mobilization techniques, in the treatment of patients with low back pain.
4. Demonstrate proper technique with lumbar mobilization and thrust manipulation to the lumbar and lower thoracic regions.
5. Demonstrate proper technique with all thoracic and lumbar mobility exercises and their home exercise counter parts.

PTAs will not be allowed to perform manipulation or mobilization.